

LULL DAY CHALLENGE

Now that you're getting great sleep on your Lull, we challenge you to
10 Adventures in 10 Days for a better life.

Day 1 <input type="checkbox"/>	Day 2 <input type="checkbox"/>	Day 3 <input type="checkbox"/>	Day 4 <input type="checkbox"/>	Day 5 <input type="checkbox"/>
Watch the sunrise or sunset.	Take an awesome picture.	Call an old friend to catch up.	Cook a meal for someone.	Give someone a genuine compliment.
Day 6 <input type="checkbox"/>	Day 7 <input type="checkbox"/>	Day 8 <input type="checkbox"/>	Day 9 <input type="checkbox"/>	Day 10 <input type="checkbox"/>
Exercise for 30 minutes.	Wake 30 minutes early to enjoy your morning.	Do something that makes you laugh, really hard.	Take the scenic route.	Sleep in on your Lull.

TAG US ON YOUR ADVENTURES

**@LullBed
#Lull10**

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lull